




**EYUP!**



**CASE  
STUDY**



**HOW YOUR  
BRASS MADE  
A DIFFERENCE**

**HOW DONATIONS ARE DOIN' A REET LOT O' GOOD**

CAMHS eating disorder and ReACH team

EyUp! funding has helped the child and adolescent mental health service (CAMHS) eating disorder and responsive adolescent and children's home-based treatment (ReACH) team buy scented and unscented sensory relief putty. The sensory relief putty has helped manage increased emotions and reduce heightened sensory awareness for children and young people who present with an avoidant food disorder.

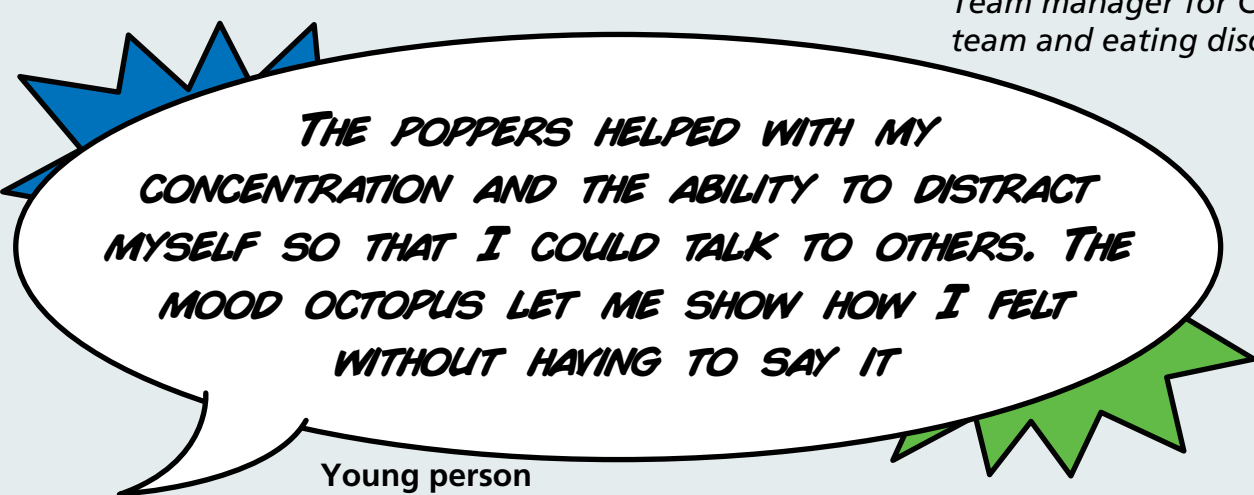
Use of the putty is helping engage children and young people during an assessment and minimises distress, which can be difficult when working with people with an avoidant food disorder. Such presentations can require a different way to work and utilise other distraction techniques.

**WHAT DID FOLK SAY ABOUT IT?**



*USING SENSORY RELIEF PUTTY  
AROUND MEAL TIMES HAS HELPED TO  
REDUCE ANXIETY TO A LEVEL WHERE  
FOOD CAN THEN BE EATEN.*

Charlotte Jones  
Team manager for CAMHS ReACH  
team and eating disorder team



*THE POPPERS HELPED WITH MY  
CONCENTRATION AND THE ABILITY TO DISTRACT  
MYSELF SO THAT I COULD TALK TO OTHERS. THE  
MOOD OCTOPLUS LET ME SHOW HOW I FELT  
WITHOUT HAVING TO SAY IT*

Young person

Find out more about the service on our website - [Child and adolescent mental health service \(CAMHS\) in Wakefield - South West Yorkshire Partnership NHS Foundation Trust](#)